

# GBHC CHARITY EVENT!!!!!!!!!!!!!!!

October 15,  
2014 :)

Tilton Building,  
Main Cafeteria

TIME: 1:00PM  
to 4:00PM

Free food and  
giveaways!

**BUD'S AUTOMOTIVE & TOWING**  
Full Service Auto Center-All Makes/Models  
24 Hour Towing  
Local and Long Distance Hauling  
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**ASE**  
ASSOCIATION  
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**CHRIS CORRITT**  
Owner

704 5th Street  
Delaware City DE 19706  
Phone: 302-834-Buds (2837)  
Fax: 302-834-2937  
Email: budsautode@gmail.com  
Web: www.budsautomotive.com



- \*Prevent Child Abuse!
- \*Child Incest \*
- \*Big Brothers and Big Sisters \*
- \*Faithful Friends! \*
- Delaware COPS!
- \* Edible Arrangements!
- Jam Berry Nails! \*
- C.E.R.T.S!
- \* Paws and People! \*
- SECCI!

BE INVOLVED!!!! \* \* RED CROSS!



## CHARITY DAY WEDNESDAY! OCT. 15, 2014



*Crown Jul's Styling Salon*

Julie Pengelly

406 Fourth Street  
Delaware City, De 19706  
302-836-3255  
Men, Women and Children  
Walk-Ins Welcome!



**Xanadu Salon and Spa**  
104 W. Main St., Suite A, Middletown, DE 19709  
contact@xanadusalononline.com  
www.xanadusalononline.com  
302-449-2677

Business Hours  
Monday - Saturday 9am - 6pm



# DEPARTMENT

ard Good Health!



### Romaine\*

One of the five lettuce types, romaine is a good source of folate and vitamin K. Fear (don't cut) leaves to avoid the release of ascorbic acid oxidase, which destroys vitamin C. Best eaten raw, romaine is a perfect crunchy and refreshing salad base, sandwich topper or wrap.







Please visit  
small Jennifer's home  
best flavored butter



PENNY WARS

