



Our Mission: To strengthen individuals, families, and the community by providing counseling and support services.

Our Vision: A mentally, physically, and emotionally healthy community in which each person has equal access to high-quality support and the resources they need.

Our Promise: We provide comprehensive support to all, regardless of religion, race, socio-economic status, sexual orientation, gender identity, ability, or special need.

JFS is here to ensure that all members of our community have a place to go for help and support. We protect and honor your privacy and are committed to providing the highest quality services available in our area.

JEWISH FAMILY SERVICES of DE

Jewish Family Services of Delaware (JFS) is the heart and soul of social services for communities in Delaware. With a history spanning more than 125 years, JFS is committed to our Jewish values: we are respectful and compassionate; champion diversity and inclusion; are open, transparent, and accountable; and pursue excellence in everything we do. It is our goal to help and serve all Delawareans who are struggling to overcome life's challenges and cope with difficult transitions.

The community trusts JFS to:

- Assist families through transitions such as divorce or the loss of a loved one.
- Help children grow stronger through therapeutic intervention and play therapy.
- Ensure that our beloved elders, including Holocaust Survivors and individuals with dementia, age safely at home and with dignity.
- Guide families who are seeking direction, information, and expert advice on the best next steps to take with a loved one who is in need of support.
- Deliver the highest quality counseling and support services by experienced and licensed professionals.



THERAPEUTIC COUNSELING

Mental health impacts—and is impacted by—relationships with loved ones, stress at work, community crises, and many other factors. Whether you are struggling with anxiety or depression, grieving the loss of a loved one, going through a life transition, or simply managing your daily mental wellness, you don't have to face it alone. JFS provides holistic outpatient counseling services including individual and family therapy, psychiatry and medical management, and specialized services and support groups to help you take charge of your life.

Counseling Services:

- Individual & Family Counseling
- Psychiatry & Medication Management
- Cancer-Specific Counseling and Resources
- Counseling for Substance Use & Co-Occurring Issues
- Play Therapy
- Community-Based Counseling
- School-Based Family Crisis Therapy
- Counseling for Older Adults
- Support & Therapy Groups

Areas of Expertise Include (but are not limited to):

- Depression & Anxiety
- Behavioral Issues
- Grief & Loss
- Substance Use
- LGBTQIA+
- Marriage & Family
- Maternal Mental Health

Cancer Care Connection

Cancer Care Connection provides oncology-specific, psycho-social expertise for an effective and impactful response to the needs of cancer patients.

Cancer Care Connection helps people affected by cancer navigate the full range of the issues they face, make informed decisions, and take action on their own behalf. Oncology Social Workers help cancer patients and their caring circle obtain the best possible outcome.

SUPPORT SERVICES

Through case management, advocacy, and resource connections, JFS helps individuals and families manage and achieve their goals. Offering a variety of specialized programs and a seamless system of support, JFS provides the resources and empowerment to make lasting positive changes in the lives of those we serve.

Gilbert J. Sloan Care Navigation for Older Adults and Adults with Disabilities

JFS helps older adults and adults with disabilities maintain their independence and age with dignity in their own homes. We encourage older adults and adults with disabilities to engage in meaningful social activities and provide increased levels of support when they are challenged by illness, declining health, or hospitalization. With support from a network of JFS professionals, volunteers, and community partners, we help adult children care for and meet the needs of their aging parents. Care Navigation services include:

- Caregiver & Family Consultation
- In-Home Assessment & Personalized Care Planning
- Medical Advocacy & Care Coordination
- Safe, Affordable Transportation
- Community Resources & Referrals
- Therapeutic Counseling & Geriatric Psychiatry
- Volunteer Companionship & Support

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Promoting Safe & Stable Families

JFS is committed to strengthening and empowering families in crisis or transition. Our Family Consultant helps families identify support systems and develop action plans to reach critical personal goals. Promoting Safe & Stable Families serves parents, caretakers, and/or foster parents with children under 18 years of age.

Family Student Interventionist

Jewish Family Services of Delaware's Family Student Interventionist (FSI) program partners directly with schools to support students and their families. Our FSIs are embedded within school buildings, working collaboratively with educators to identify barriers to student success and provide timely, family-centered support. The program helps strengthen attendance, academic engagement, and social-emotional well-being by connecting families to resources, coaching, and advocacy. Through this on-site, integrated approach, JFS Delaware helps students thrive both in and out of the classroom.

WILMINGTON:

99 Passmore Road
Wilmington, DE 19803
(302) 478-9411

NEWARK:

261 Chapman Road Suite 103
Newark, DE 19702

DOVER:

1001 S Bradford Street Suite 3
Dover, DE 19904

LEWES:

1518 Savannah Road
Lewes, DE 19958

All JFS services are available via
secure Telehealth options.

info@jfsdelaware.org | www.jfsdelaware.org



Refugee Integration Support Effort

The Refugee Integration Support Effort (RISE) is JFS' refugee resettlement and émigré support program, assisting new arrivals in Delaware including refugees, asylees, international students, and other immigrants. Through intensive, culturally sensitive case management and volunteer support, our team enables those we serve to integrate into their new communities, obtain and retain employment and education opportunities, and maintain healthy lifestyles to achieve self-sufficiency. RISE services include:

- Resettlement & Integration
- Cultural Orientation
- Case Management & Support Groups
- Employment Mentors & Education Liaisons
- English Language Tutoring
- Social Services Referrals & Navigation

Other Support Services:

- Case Management for B'nai B'rith House Residents
- SNAP Enrollment & JFS Food Pantry
- Adoption Services
- Community Education & Crisis Response



VOLUNTEERISM

JFS volunteers turn their values into action and make our community a better place to live. People of every age and from all walks of life generously give their time and talent to support the JFS mission. We encourage children and teens to volunteer, setting them on a path to a lifetime of compassion and service to others. For many local students and families, volunteering with JFS is a formative experience that connects them to our Jewish traditions and values of justice and service, helping them to build skills and confidence. Support from volunteers helps our community grow stronger.

Volunteer Opportunities

- Refugee Integration Support Effort
- Companionship, Transportation, and Support for Older Adults
- JFS Food Pantry Drives and Organization
- Holiday Helpers (Gift Drives & Projects)
- Administrative Tasks & Projects
- Special Events
- Mitzvah Projects





GILBERT J. SLOAN CARE NAVIGATION

Personalized Support for Older Adults and Adults with Disabilities

The Care Navigation program is committed to supporting older adults and adults living with disabilities by providing services that improve their quality of life and allow them to retain their independence.

Care Navigation Services include:

► **Assessment & Care Planning**

Discuss challenges, opportunities, and strategies for accessing and incorporating needed services to make aging more manageable.

► **Care Management**

JFS Care Managers support and advocate for older adults, adults with disabilities, and their caregivers by providing a variety of services depending on your unique needs.

► **JFS On-the-Go**

Door-to-door transportation or assistance with running errands.

► **Additional Benefits, Resources, & Referrals**

Get connected to other JFS services or those offered by community partners

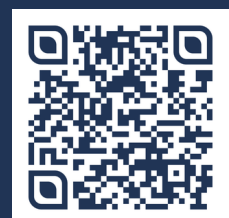


Get the support you and your loved ones need:

☎ 302-478-9411

✉ info@jfsdelaware.org

🔗 www.jfsdelaware.org/care-navigation



Living with Cancer?

WE'RE HERE TO HELP

www.CancerCareConnection.org
302-266-8050



Cancer Care Connection's Oncology Social Workers help you with the **ripple effects of a cancer diagnosis**. If you have issues that weigh on your heart and mind, call us for **compassionate guidance and support** to help you with coping skills, information and strategies. **Together we will create a personalized plan of next steps.**

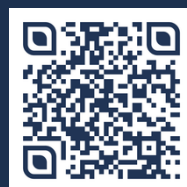
Our Oncology Social Workers help you and your loved ones:

- Successfully travel through your cancer journey
- Develop coping skills
- Access helpful resources and information
- Overcome obstacles to your best possible outcome

OUR SERVICES:

- Unlimited phone access to an oncology professional for you and your loved ones - all at no cost
- Referrals to cancer resources and information
- Counseling in-person, virtually, or by phone
- Access to CanSurround, an online supportive resource

CALL 302-266-8050 TODAY for compassionate guidance
and support. Or scan the QR code to learn more.



Helping you
thrive.

Therapeutic Counseling

JFS Delaware provides a **safe and supportive environment** with **experienced, professional therapists** ready to work with you.

Counseling Services:

- ◆ Individual & Family Counseling
 - ◆ Psychiatry & Medication Management
 - ◆ Cancer-Specific Counseling
 - ◆ Counseling for Substance Use & Co-Occurring Issues
 - ◆ Play Therapy
 - ◆ Community-Based Counseling
 - ◆ Counseling for Older Adults
 - ◆ Support & Therapy Groups
- Embedded school-based services to support youth & their families

Areas of Expertise Include:

- ◆ Depression & Anxiety
including specialized support for Youth Anxiety
- ◆ Behavioral Issues
- ◆ Grief & Loss
- ◆ Substance Use
- ◆ LGBTQIA+
- ◆ Marriage & Family
- ◆ Maternal Mental Health

SERVICES FOR **ALL**

We provide services to children, adolescents, adults, and older adults. JFS works with you to individualize a treatment plan, meet your needs and goals, and match you with a therapist who specializes in your area of need.

The JFS Promise: We provide comprehensive support to all, regardless of religion, race, socio-economic status, sexual orientation, gender identity, ability, or special need.

Helping You THRIVE:

JFS wants to change the conversation around mental health to be more relatable, approachable, and hopeful. It is our vision to create a mentally, physically, and emotionally healthy community in which each person has equal access to high-quality support and the resources they need.

Get Started!

Learn more & get started on your therapy journey with JFS Delaware.
Visit www.jfsdelaware.org/request-therapy or call **302-478-9411 ext. 306**

